BRUTALITY OF GERMANS

In Conduct of Affairs in Belgium Told by Brand Whitlock

REPORT WAS HELD UP TILL HE WAS SAFE

State Department in Washington Makes Document Public

Washington, D. C., April 23 .- A bitter indictment of German brutality in the deportation of conquered Belgians for forced labor, written from behind the German lines by Brand Whitlock, American minister to Belgium, was made publie Saturday night by the state department. It came in a confidential report hast January when the United States was vainly protesting to Berlin against the treatment of the helpless people, but department did not dare publish it at that time or until Mr. Whitlock was safe

The report begins with a story of what happened immediately after the German army overran Belgium, of arrangements by the Belgian government to continue the wages of civilians thrown out of work, and of the conquerors' determination to put these men to work for them.
"In August, Von Hindenburg was ap-

did not. He returned, and a German would learn what war was. The prophecy has been vindicated.

"The deportations began in October in the Etappen Gabiet.

sively cold than Belgium has ever known records. it, and while many of those who present-

were beyond anything we had witnessed of hunger. since the day the Germans poured into Brussels. The delegates of the commis-

AFTER GRIPPE

Vinol Restored Mr. Martin's Strength

by occupation, and the grippe left me with a bad cough and in a nervous weak, run-down condition, and I could not seem to get anything to do me any good until I took Vinol, which built me up, and my cough and nervousness are all gone, and I can truly say Vinol is all that is claimed for it."-James Martin.

Vinol is a constitutional remedy for all weak, nervous and run-down conditions of men, women and children, and for chronic coughs, colds and bronchitis. Red Cross Pharmacy, Floyd G. Russell, Prop., Barre; also at the leading drug store in all Vermont towns .- Adv.

BigRedPimples Disfigured Face

Large and Fierce-looking. Burned and Itched So Could Not Sleep. 2 Boxes Cuticura Ointment and 3 Cakes Soap Healed. Cost \$1.75.

"I began to have big red pimples break out on my face. They were large and fierce-looking and festered. They burned and itched so I could not sleep and I was

disfigured.
"A friend of mine advised me to use Cuticura Soap and Ointment. I used a sample and my face began to heal so I bought more and I used two boxes of Cuticura of Cuticura Soap when I was completely

healed." (Signed) Victor Parson, 27 Pleasant View Ave., Everett, Mass., Sept. 18, 1916.

In purity, delicate medication, con-venience and economy, Cuticura Soap and Ointment meet with the approval the most discriminating. Cuticura is ideal for every-day use in the toilet.

For Free Sample Each by Return
Mail address post-card: "Cuticura, Mail address post-card: "Cuticura, Dept. R, Boston." Sold everywhere.

SAXON SIX A Big Touring Car for Five People

You will note almost at once a definite difference between the performance of other cars of like price and the performance of a SAXON "SIX." It "idles" at a lower speed, accelerates faster, pulls with less labor up hills, and is far smoother and easier riding.

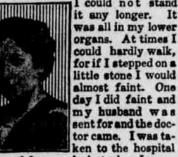
Make arrangements at once for demonstration with

W. Goodfellow 199 No. Main Street

FOUR WEEKS IN HOSPITAL

No Relief-Mrs. Brown Finally Cured by Lydia E. Pinkham's Vegetable Compound.

Cleveland, Ohio. — "For years I suf-fered so sometimes it seemed as though I could not stand it any longer. It was all in my lower



and stayed four weeks but when I came home I would faint just the same and had the same pains.

try Lydia E. Pinkham's Vegetable Compound. I began taking it that very day for I was suffering a great deal. It has drug-store and get a bottle of Lydia E. Pinkham's Vegetable Compound before you go home." — Mrs. W. C. Brown, 2844 W. 12th St., Cleveland, Ohio.

pointed to the supreme command," says tending the seizures. And daily, hourly about a lasting peace by the only means the report. "He is said to have criticised almost, since that time, appalling stories that can secure it, namely, a successful Von Bissing's policy as too mild; there have been related by Belgians coming to was a quarrel; Von Bissing went to Ber- the legation. It is impossible for us to lin to protest, threatened to resign, but verify them; first, because it is necessary for us to exercise all possible tact official here said that Belgium would now in dealing with the subject at all, and, be subjected to a more terrible regime, secondly, because there is no means of communication between the Occupations Gebiet (employment department) and

the etappen (German military depots) "The well known tendency of sensa-at Ghent and at Bruges. The policy tional reports to exaggerate themselves, spread; the rich industrial districts of especially in time of war, and in a situa-Hainault, the mines and steel works tion like that existing here, with no about Charleroi were next attacked, now newspapers to serve as a daily clearing they are seizing men in Brabant, even in house for all the rumors that are avidly Brussels, despite some indications and believed as they are eagerly repeated, even predictions of the civil authorities should, of course, be considered, but even that the policy was about to be abandoned. * As by one of the ironies there still remains enough to stamp this of life the winter has been more exces- deed as one of the foulest that history

"I am constantly in receipt of reports ed themselves were adequately protected from all over Belgium that tend to bear against the cold, many of them were out the stories one constantly hears of without overcoats. The men shivering brutality and cruelty. A number of from cold and fear, the parting from men sent back to Mons are said to be in weeping wives and children, the barriers a dying condition, many of them tuberof brutal uhlans, all this made the scene cular. At Malines and at Antwerp repitiable and distressing one. * * turned men have died, their friends as serting that they have been victims of cited by this measure all over Belgium neglect and cruelty, of cold, of exposure,

"I have had requests from the burgomasters of 10 communes from La Lousion for relief in Belgium, returning to viere asking that permission be obtained Brussels, told the most distressing stories to send to the deported men in Germany packages of food similar to those that are being sent to prisoners of war. Thus far the German authorities have refused to permit this except in special instances, and returning Belgians claim that even when such packages are received they are used by the camp authorities only as another means of coercing them to

sign the agreement to work. "It is said that in spite of the liberal salary promised those who would sign voluntarily, no money has as yet been received in Belgium from workmen in

Germany. "One interesting result of the deportations remains to be noted, a result that once more places in relief the German capacity for blundering, almost as great as the German capacity for cruelty.

"They have dealt a mortal blow to any prospect they may ever have had of being tolerated by the population of Flanders; in tearing away from nearly every humble home in the land a husband and a father or a son and brother, they have lighted a fire of hatred that will never go out; they have brought home to every heart in the land in a way that will impress its horror indelibly on the memory of three generations, a realization of what German methods mean, not, as with the early atrocities in the heat of passion and the first lust of war, but by one of those deeds that make one despair of the future of the human race, deed coldly planned, studiously ma tured and deliberately and systematical ly executed, a deed so cruel that German soldiers are said to have wept in its execution and so monstrous that even Ger man officers are now said to be ashamed."

INCREASE CORN PRODUCTION.

Secretary of Agriculture Urges Attention to This Cereal.

18 issued the following statement: Corn is America's most important ce eal. It can be grown successfully over nishes nutritious food for man as well should be increased this year to the fullest extent, taking into consideration he was largely instrumental in averting seed, labor and existing conditions, and war between England and America over the availability of good land in corn the Venezuela dispute. growing regions not needed more urgentgeneral, thrives in this region.

crop is most feasible, however, in the vorable growing conditions exist in such regions; farmers there are familiar with tions of the world." orn growing; they have the necessary equipment available, and have adapted corn production to prevailing economic conditions. Farmers in such regions, through many years of experience, have learned methods of successfully combating adverse conditions. They know that the planting of virile, tested seed in welltilled, friable soil, immediate replanting of missing hills, and early and continued cultivation of the fields count for much in the ability of the plants to produce a bountiful yield. This knowledge should be put to good use during the coming season in order that however unfavorable conditions may be production of an exeptionally large crop may be assured. In practically every county in the country in which experience has shown that corn may be produced successfully,

the possibilities of increasing the corn

crop without encroaching upon other im-

portant crops is at least worthy of con-

sideration, if land, labor and seed are

LASTINC PEACE TO BE THE AIM

Balfour States Purposes of Entente Nations in War

HIS PARTY GIVEN EV-ERY CONSIDERATION

On Arrival Saturday They Were Whisked Off to Washington

With the Balfour party, April 23 .- Arhur James Balfour, secretary of state or foreign affairs of the British empire and head of Great Britain's high commissioners to the international war council to be held in Washington this week, arrived in the United States Saturday. A friend who is a nurse asked me to With a genial smile playing over his features, he consented to a brief interview, the United States has done as a neutral already done me more good than the in charitable and relief work in Belgium hospital. To anyone who is suffering and in German prison camps, his gratifias I was my advice is to stop in the first cation that England and the United States were now allied for a common purpose and his conviction that this country in its war efforts would astound the world, particularly Germany.

The object of the commission, Mr. Balfour said, was "to make co-operation easy and effective between those who are striving with all their power to bring

"Your president, in a most apt and vivid phrase," Mr. Balfour added, "has proclaimed that 'the world must be made safe for democracy.' That self-governing communities are not to be treated as negligible simply because they are small; that the ruthless domination of one unscrupulous power imperils the future of civilization and the liberties of mankind are truths of political ethics which the bitter experience of war is burning into the souls of all freedom

loving people.' England's leading statesmen, having safely evaded the German submarines and mines which sent Lord Kitchener to his death, were received with the highest honors as guests of the American people when they arrived at a place in America which cannot be named. A delegation of state, war and navy department officials welcomed the commission in the name of the government, and set out with them to the capital for what is admittedly the most vital conference in American his-

utmost simplicity and cordiality and with every recognition of the fact that Great Britain had given of her very best. It is said, indeed, that no foreign minister has left England for the length of time that Mr. Balfour will be away since the congress of Vienna a century ago. The formal welcome was extended Third Assistant Secretary of State Breckenridge Long, through the presentation to Mr. Balfour of a letter of greeting from Secretary Lansing, which the British statesman acknowledged with ican officials mingled together.

A special train of five cars which had been waiting with steam up and crew aboard for five days, at once got under way for the capital, guarded as almost no other train has ever been guarded in this country. Double protection had been afforded at all bridges and tunnels and every mile of the track had been gone over within the previous 24 hours to guard against a possible fanatic. No detail of any sort whatsoever which could betray the place of arrival or route of travel was allowed to escape.

Almost immediately when the train got under way the large party broke up into groups of army, navy and state department officials, to begin at once the informal conversations which are expected to sketch out America's part in the world fight against German autocracy. Mr. Balfour and Assistant Secretary the first blood for England in August, Rear Admiral F. F. Fletcher were soon in of American participation.

On all sides it was reiterated that the British had come in a spirit of service and appreciation and that it was their hope that the lessons they had learned in the war at such cost might be of service to this country in avoiding similar mistakes. Similarly, as one official exexactly the same feelings which raised the Stars and Stripes to the flag tower The secretary of agriculture on April the first time a foreign flag has ever flown there in history.

Secretary Balfour, a tall, slim, whitea wider area than any other and fur- highest posts in the empire since he first entered Parliament 43 years ago, saw as the staple grain feed for cattle and Saturday the completion of one of his draft animals. The production of corn life hopes, expressed under vastly different circumstances on Jan. 15, 1896, when

"It cannot but be," he said, "that other crops. The acreage may those whose national roots go down into well be increased in most of the country the same past as ours, who share our east of the 100th meridian, as corn, in language, our literature, our laws, our religion, everything that makes a nation An appreciable increase in the corn great, it cannot but be that a time will come when they will feel that they and ections of highest corn production. Fa- we have a common duty to perform, a common office to fulfill among the na-

> Balfour's Hopes for Conference... While unable to grant a regular interview before presenting himself to President Wilson, Mr. Balfour willingly consented to say a few words as to his gen-





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tify the genuine. Order Sunkist Uniformly Good **Oranges** California Fruit Growers Exchange

eral hopes for the conference and the fundamental purposes behind it. A ver-

"All will agree that my first duty as head of a diplomatic mission is to pay expression of opinion on points of policy would, I think, be useful or even tolerhis views. I have not come here to make speeches or indulge in interviews; but to do what I can to make co-operation easy about a lasting peace by the only means basis. that can secure it, namely, a successful

behalf of my countrymen in general. "On my own behalf let me express the a separate peace with Germany.

deep gratification I feel at being called in any capacity whatever with events which associate our countries in a common effort for a great ideal.

"On behalf of my countrymen let me express our gratitude for all that the citizens of the United States of America have done to mitigate the lot of those who, in the allied countries, have suffered from the cruelties of the most deliberate y cruel of all wars. To name no others, the efforts of Mr. Gerard to alleviate the condition of British and other prisorers of war in Germany, and the administrative genius which Mr. Hoover has ungrudgingly devoted to the relief of the unhappy Belgians and French in the territories still in enemy occupation, will never be forgotten, while an inexhaustible stream of charitable effort has supplied medical and nursing skill to the ervice of the wounded and the sick.

"These are the memorable doings of a beneficent neutrality. But the days of neutrality are. I rejoice to think, at an end; and the first page is being turned in a new chapter in the history of mankind, Your president in a most apt and vivid phrase has proclaimed that 'the world must be made safe for democracy.' Democracies wherever they are to be found and not least the democracies of the British empire, will hail the pronounce-ment as a happy augury. That selfgoverning communities are not to be treated as negligible simply because they equal simplicity while British and Amer- are small; that the ruthless domination of one unscrupulous power imperils the future of civilization and the liberties of mankind are truths of political ethics which the bitter experience of war is burning into the souls of all freedom loving peoples. That this great people should have thrown themselves wholeheartedly into this mighty struggle, prepared for all the efforts and sacrifices that may be required to win success for this most righteous cause, is an event at once so happy and so momentous that only the historian of the future will be able, as I believe, to measure its true

proportions. (Signed) "A. J. Balfour."

Farmers and Amateur Farmers,

Apprehension lest too much foodstuff will be produced this year under the pressure of a great general endeavor may be dismissed without any worry at all. Long: Lieut. Gen. T. Bridges, who drew The world will want all that is raised. Nor need we worry about the thousands 1914, and Maj. Gen. Leonard Wood and of amateur agriculturists who will Rear Admiral Sir Dudley Dechair and "farm" very bravely until the weeds begin to grow and the cutworms begin to pations. leep conversation on the various phases rage, and then will give it up. That sort of farming and failure is always going on. If every three out of four garden-plot hustlers fail to produce anything, the fourth man will produce a great deal. More power to his arm! This is to be said, of course, that by tilling one new acre for every ten that they tilled last year, the real farmers of pressed it, the commission was moved by the country can add more to the agricultural production of the United States this year than all the amateurs, all the of the Parliament building in London for city men, all the golf links of America can produce in twenty years. Well and good; let the farmers shame the amateurs in that way if they will. It will haired man of 69 years, who has held the all redound to the world's good. Let us hope that the farmers of the country will have sufficient scorn for the amateurs to induce them not to desist from any of their own planting for fear the amateurs are going to glut the market. Meanwhile the sun is getting higher every day and the ground is drying out. Speed the plough and the spade!-Beston Transcript.

Musterole Loosens Up Those Stiff Joints-Drives Out Pain

lief it gives.

is being rubbed on! Musterole is recommended by many doctors and nurses. Millions of jars are used annually for bronchitis, croup, stiff neck, asthma, neuralgia, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds of



RUSSIA NOT TO BREAK AWAY

Executive Committee of Socialists at Petrograd Make Assertion

RESPONDING TO CONGRESSMAN MEYER

Revolutionary Democracy Does Not Favor Separate Peace

Petrograd, April 23 .- The official news agency on Saturday gave out the following statement:

"Replying to Congressman Meyer London (of New York), who asked for a denial that the Russian Socialists favored a separate peace with Germany the executive committee telegraphed:

"'As has been stated in a declaration warmly expressing his appreciation of all my respects to the head of the state to of the council of workmen's and soldiers which I have been sent, and no public delegates, the entire Russian revolutionary democracy does not seek a separate able until I have had the honor of con peace, but favors international peace ferring with your president, and learning without annexations or indemnities, real or disguised, on the basis of the free development of nations and considers that and effective between those who are the proletariat of every country should striving with all their power to bring do its utmost to bring peace on the above

It was announced in Washington on Thursday that Representative London, "Without, however, violating the rule the only Socialist member of Congress, I have just laid down, there are two had cabled N. C. Toheidse, a Socialist which I may permit myself to member of the Russian Duma, for ausay: One on my own behalf, the other on thoritative information regarding the rumors that Russian Socialists favored the stains from a good height.

ROOSEVELT WARNS OF

He Would Limit Amount of Grain Used by Brewers and Distillers-Stop "Joy Riding" to Save Gasolene.

New York, April 23 .- Col. Theodore Mincola Saturday, advocated that steps of vanilla. be taken at once to limit the amount of grain used for the brewing and distillation of intoxicating liquors.

be conserved for war purposes. That the own street dresses and wraps with the government, in case of a food shortage, uniform messenger caps of the service. tion to the several hundred Nassau coun- They are also learning telegraph operatty farmers and real estate owners, who ing.

cheered his every utterance. He said: "When we are threatened with a shortage of foodstuffs, as is apparent in the country-wide crop reports to-day, and when it is our duty to supply food to our heverages

economy question. Joy riding should be we are going to need more gasolene than ever before in our war activities and also should supply it to our allies in greater quantities than ever."

Warns Against Soil Wastage.

The colonel took a fling at his wealthy neighbors of Nassau county, many of whom were within his hearing.

"Everything that does not count for vital welfare should be reduced. By that mean, among other things, the utilization of ground in the cultivation of roses and other gardens. Not only should the soil not be wasted on such things at this time, but the men now employed in such work should be put to more useful occu-

"Nine-tenths of wisdom is in being wise in time. We may be going into a far greater trial than we think. can tell whether the war will last one year, or two years, or three! We should guard and prepare our industries and our agriculture.

"There should be universal obligatory service outside of the army. Every man and woman, without respect of should have his or her activities utilized in the most officient way. I hope if a severe crop shortage threatens, the government will mobilize labor and use it so as to prevent such a shortage. In the next few months, farm work will be just as necessary as any military work. The government should commandeer men to work the nation's farms, if such is neces-

There should be an appeal for the voluntary co-operation of all fellows who can to help in this farm work. If they volunteer, well and good; if they don't, compel them."

Mexican Neutrality.

Mexico and Chili announce that they vill remain neutral. It may be assumed hat Chili will adhere to her announce ment, but concerning Mexico there should be neither assumption nor belief.

What passes for the government of Mexico is government in name only. Car-You'll know why thousands use Mus- ranza, recently "elected" president, is terole once you experience the glad re- not to be relied on to enforce neutrality or even to attempt enforcement. He Get a jar at once from the nearest controls nominally a part of Mexico, but drug store. It is a clean, white ointment, his nominal control is based only on made with the oil of mustard. Better his ability to maintain friendly on than a mustard plaster and does not with certain patriots who constitute his blister. Brings ease and comfort while strong right and left arms. Germany has expended money liberally in Mexico for the purpose of starting a back fire against the United States, and, although that could be taken care of handily if it should be kindled, it will not do to place the slightest confidence in any proclamation or promises issued by the alleged

Mexican government. That is one reason why our own government is to be congratulated on the destruction of her cargo by alert patrol vessels. Mexico was supplied from this country with guns when they should have been withheld. Now she must be protected from herself for her own sake -and the mke of the United States .--Boston Traveler.

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The system cost millions to build, yet its advantages are yours for as little as 25 cents for a 50-word night letter.

WESTERN UNION

THE WESTERN UNION TELEGRAPH CO.

Topics of the Home and Household.

To remove cocoa and chocolate stains from table linen soak over night in cold water, then pour boiling water through

To keep celery fresh and crisp, prepare it for the table, then wet an old piece of clean linen in ice cold water and place

After grating lemon peel or anything that sticks to the grater, hold the grater under the cold water faucet, rub with your vegetable brush and everything is

A very good filling for layer cake is Roosevelt, in a forceful address before made by mixing a pound of finely minced the Long Island Reserve Food battalion shelled almonds with two eggs, a cupful and the Nassau county farm bureau at of confectioner's sugar and a teaspoonful

In one New Jersey city messenger girls are employed by the Western Union Teleomobiles for joy riding be stopped, so good work that more girls will be emthat the nation's supply of gasolene can ployed in the future. They wear their should mobilize and conscript men for The girl messengers do not work at night, tilling the soil, was his parting admoni- nor are they sent to objectionable places.

housekeper she will never be without a teaspoon each vinegar and vanilla, stopped. It is a waste of gasolene and bottle or can of it kept where it is accessible.

Looks After 2,000 Women.

A new profession for women is motherable building in New York City, 40 and one-half lemon.

f rooms was set aside for the offices of tablespoons orange marmalade this department, and it is the only building in the world where so complete prepter, add two squares chocolate, three aration has been made for the welfare of beaten eggs, one cup sugar and threeits workers.

certs, dances and other popular features, lish walnut meats and one teaspoon va-and over all these Miss McComb has the nilla. Spread in shallow pans, bake charge. There are also first aid equip- about 10 minutes and cut while warm. ments and silence rooms, where the weary or ill may be cared for.

ment fills in the life of the tenants is a cup of sugar less one tablespoon, and a shown by the fact that last month some scant one-half cup egg whites. When 13,256 visits were made to the restrooms perfectly blended stir in one-third cup and over 2,000 to the silence rooms, 400 people were given first aid, including bag and tube, onto sheets covered with stray office boys and now and then a thin paper and bake in a slow oven. Reforlorn business man.

internal derangement, such as indiges- ily removed. Frost and decorate with tion or a sluggish liver. First of all try leaves in the form of wreaths and tie to overcome that condition, for you can- wreaths with a red bow or ornamental not expect to have a bright, glowing skin frosting made the same as orange frostuntil that is done. Occasionally, how- ing, omitting the marmalade and coloring ever, a sallow complexion simply indi- red and green.

cates a lifelessness of the skin and means should be employed to stimulate it. A Turkish bath is very beneficial to the skin. Dip a folded Turkish towel into hot water and wring out by twisting in a dry towel and apply to the face as hot as is endurable. Leave it on the face until it becomes cool, then repeat the process four or five times. After drying the face lightly with a soft towel, vigorously massage a good cold cream into the skin while the flesh is still warm. After five minutes of massage, apply a towel in the same manner, allowing it to remain on only until the skin is warm, then follow with a towel wrung out of very cold U. S. FOOD WASTE it for the table, then wet an old piece of water, or massage with a piece of ice in the celery on the ice. It will keep a face will be all in a glow and the circular than the control of the celery of the celery of the celery of the celery of the ice. It will keep a face will be all in a glow and the circular than the culation greatly improved.

A cup of hot, unsweetened lemonade taken before breakfast each morning will improve the general health as well as the complexion if the latter is afflicted with sallowness. Buttermilk is whitening, if used after bathing the face in warm water and allowed to dry into the skin.-Woman's World for April.

Dainty Cakes and Frostings,

Golden Pound Tea Cakes-Wash and work until creamy one-half cup butter, add gradually while beating constantly one-half cup sugar, the yolks of four He also advocated that the use of au- graph company. They are doing such eggs well beaten, three and one-third tablespoons medium cream, one cup flour mixed and sifted twice with one-half teaspoon baking powder, one-fourth teaspoon mace and one-half tablespoon lemon juice. Bake in buttered and floured individual tins in a very slow oven. Upon removing from tins sprinkle with pow-

Mocha Cake-Cream one-fourth cup Few housekeepers really appreciate the butter, add gradually one cup sugar, two cleaning properties of kerosene. A rag squares Baker's hitter chocolate melted, saturated with it will clean stationary two eggs well beaten, one-half cup milk. washstands, bathtubs and kitchen sinks | one and one-third cups flour mixed and allies to our utmost ability, we should A little used in cold water for wiping up sifted with one-half teaspoon salt and see that needed grain food necessities are floors will remove the dirt and leave a three teaspoons baking powder. Flavor the nice polish. It is good for floors made with one teaspoon vanilla. Bake in laymanufacture of intoxicants. Most of the of southern pine and it keeps them in er cakepan and put between and on top. belligerent nations in Europe have taken good condition. Proportion, a table for frosting-Wash and work until up this problem and settled it; let us be spoonful to half pail of cold water. It creamy one fourth cup butter. Mix one gin at once to see to it that our grain is is also excellent for cleaning linoleums and one fourth cups confectioners' sugar kept for food and not put into alcoholic and can be used either with or without with one-third cup breakfast cocoa, and water and in the water for cleaning add to butter alternately with three ta-"There are many other sides to this woodwork. If it is once tried by a blespoons heavy cream, then add one-half

> Fall River Orange Cake-Beat yolks of five eggs and whites of three until thick, add gradually two cups sugar and onehaif cup cold water; then add two cups flour mixed and sifted with one teaspoon soda, two teaspoons cream of tartar and ing big office buildings, and in the Equit- the grated rind and juice of one orange stories high, a young woman, Miss Marie buttered and floured cakepans. Covet L. McComb, looks after the physical com- with orange frosting made like this: fort and welfare of 2,000 women occu- Boil one cup sugar and one-third cup wapants of the building, heads of depart- ter until it will spin a thread; pour slowments, stenographers, business women by onto the white of egg beaten slightly and cleaning women. Every woman con- and beat until mixture begins to thicknected in any way with the work of the en; then add one teaspoon lemon juice big building comes under her influence. beaten until a little stiffer, then cover When the building was erected a suite and let stand a few minutes. Add two

> Fudge Squares-Melt one-half cup butfourths cup flour mixed and sifted with There are restrooms, classes in busi- one-half teaspoon each baking powder ness English, noontime lectures, con- and salt; then add one cup chopped Eng-

Christmas Macaroons-Break one-half pound almond paste into small pieces place that such a welfare depart- and mix with the hand, adding gradually powdered sugar. Shape, using a pastry move from oven, invert paper and macaroons, and wet with a cloth wrung out of Sallow complexion is caused by some cold water, when macaroons may be eas-Dorothy Dexter.

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